



# Credentialed Therapist Update Day & Seminar Day August 10<sup>th</sup> and 11<sup>th</sup> 2018

# Credentialed Therapist Day August 10<sup>th</sup> 2018

EXPOSS – The latest update from the multi-centre study

EXPOSS – Upper Limb

EXPOSS - Lower Limb

How to differentiate the spine from the extremity

Technique and Procedures update – Time to practice!

Quizzes etc etc

# **Seminar Day**

# August 11th 2018

#### Keynote speakers will include:

Kerry Muller - Clinical Pharmacologist - Medicine Management Specialist

MINZ Faculty and members

Join us in Wellington for 2 days of education and fun! Friday Is the Credentialed Therapist Day and Saturday being the Annual Seminar Day. The focus of the 2 days will be on 'MDT and Pain Science'. There will be presentations, interactive workshops, panel sessions and plenty of time for open discussion. Case studies, problem solving and practical sessions will be included to keep you stimulated. The opportunity to discuss the assessment and management of Chronic Pain Syndrome with the different speakers.

### **CREDENTIALED THERAPIST DAY**

8.30am	Registration
9.00am	Welcome and introduction
9.15am	EXPOSS – The latest update from the multi-centre study
	How to differentiate – clues etc
10.15am	Break
10.45am	EXPOSS - The Cervical & Thoracic spine and Upper limb
	EXPOSS - Lumbar Spine and lower limb
12.30	LUNCH
1.30pm	Techniques workshop – 3 x 30 minute stations practicing and refining various techniques
3.00pm	Break
3.15pm	Case Manager – problem solving, case studies and more
5.00pm	End of day / Social event – Backbencher Pub

#### **SEMINAR DAY AGENDA**

8.30am	Registration
9.00am	Welcome and introduction
9.15am	Gemma Monachino – The Opioid Revolution
9.35am	Karen Giles – Pharmacological management of Radiculopathy
9.55am	Nici Fox – Working within a pain clinic
10.15am	Q&A For Gemma, Karen and Nici
10.30am	Break
10.50am	Medicine Management – from the pharmacist - Kerry Muller
11.30am	Q&A with Kerry Muller
11.50am	Case Studies – 5 x 8-minute case studies – MINZ Members
12.40pm	LUNCH
1.30pm	MINZ AGM
2.15pm	MDT and 'Chronic Pain Syndrome' - The Classification / Terminology
3.30pm	Break
3.45pm	MDT and 'Chronic Pain Syndrome' - The Management
4.45pm	Discussion
5.00pm	Conclusion